

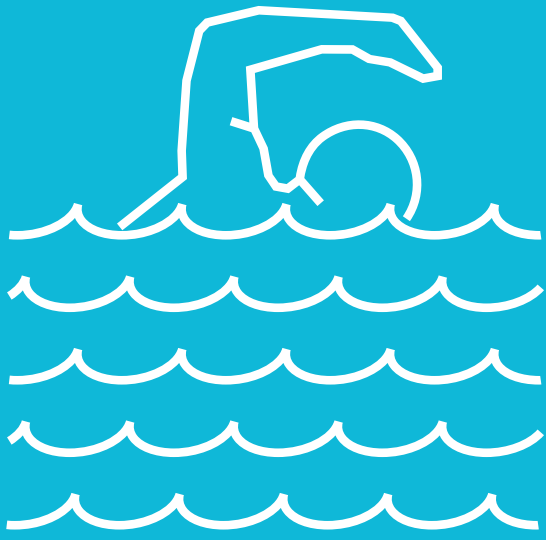


YARRA TRIATHLON

6 WEEK COURSE

16 OCTOBER - 26 NOVEMBER

TRY



SWIM
MONDAY

7pm - 8pm
Richmond Recreation Centre

A



BIKE
SATURDAY

8.30am - 9.30am
Richmond Boulevard

TRI



RUN
WEDNESDAY

7pm - 8pm
George Knott Athletics Track

COURSE INCLUDES

- > 18 coached sessions
- > Yarra Triathlon Membership for the duration of the course
- > Race day support and tips
- > Entry to Race 1 of the Victorian Triathlon Series in Elwood on Sunday 26 November

YOU WILL LEARN

- > Transition skills
- > Stroke improvement
- > Bike confidence
- > Running technique

PRICE

- > Members - \$333
 - > Non-Members - \$351
- Price includes entry to Race 1 of the Victorian Triathlon Series.

ENROL AT RECEPTION TODAY!

/YarraLeisure

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COLLINGWOOD LEISURE CENTRE

Cnr Turnbull and Hoddle Sts,
Clifton Hill
9205 5522

FITZROY SWIMMING POOL

Alexandra Pde,
Fitzroy
9205 5180

RICHMOND RECREATION CENTRE

Gleadell St,
Richmond
9205 5032

www.yarraleisure.com.au



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