



YARRA TRIATHLON

SESSION TIMETABLE

MONDAY 24 DECEMBER 2018 TO SUNDAY 6 JANUARY 2019

	MONDAY 24/12	TUESDAY 25/12	WEDNESDAY 26/12	THURSDAY 27/12	FRIDAY 28/12	SATURDAY 29/12	SUNDAY 30/12
6:00 AM	SWIM SQUAD Michael RICHMOND	YARRA LEISURE CENTRES CLOSED		SWIM SQUAD Michael RICHMOND	SWIM SQUAD Thom FITZROY		
			ERGO Nathan RICHMOND				
8:00 AM			SWIM SQUAD Bruce RICHMOND				
8:30 AM						SWIM SQUAD Thom FITZROY	
6:00 PM	RUN SQUAD* Michael RICHMOND						

*Sessions marked are exclusive to Yarra Triathlon membership holders only. All participants must complete the emergency contact form prior to attending.

TRAINING LOCATIONS	COLLINGWOOD	COLLINGWOOD TRACK	ELWOOD	FITZROY	YARRA BOULEVARD	RICHMOND
	Collingwood Leisure Centre	George Knott Athletics Track	Elwood Life Saving Club	Fitzroy Swimming Pool	Yarra Boulevard, Kew - Teardrop Criterium Track	Richmond Recreation Centre
	Corner Turnbull and Hoddle St, Clifton Hill	Heidelberg Rd, Clifton Hill	11 Elwood Foreshore, Elwood	Alexandra Parade Fitzroy		Gleadell St, Richmond



YARRA TRIATHLON

SESSION TIMETABLE

MONDAY 24 DECEMBER 2018 TO SUNDAY 6 JANUARY 2019

	MONDAY 31/12	TUESDAY 01/01	WEDNESDAY 02/01	THURSDAY 03/01	FRIDAY 04/01	SATURDAY 05/01	SUNDAY 06/01
6:00 AM	SWIM SQUAD Thom FITZROY	YARRA LEISURE CENTRES OPEN FROM 12PM	SWIM SQUAD Bruce RICHMOND	SWIM SQUAD Bruce RICHMOND	OPEN WATER SWIM* Michael ELWOOD		
				ERGO Nathan RICHMOND	SWIM SQUAD Thom FITZROY		
8:30 AM						SWIM SQUAD Thom FITZROY	
9:30 AM					SWIM SQUAD Sarah W FITZROY		
6:00 PM						SWIM SQUAD Michael RICHMOND	
6:30 PM					INTER SWIM Sarah J RICHMOND		

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TRAINING LOCATIONS		
COLLINGWOOD	Collingwood Leisure Centre	Corner Turnbull and Hoddle St, Clifton Hill
COLLINGWOOD TRACK	George Knott Athletics Track	Heidelberg Rd, Clifton Hill
ELWOOD	Elwood Life Saving Club	11 Elwood Foreshore, Elwood
FITZROY	Fitzroy Swimming Pool	Alexandra Parade Fitzroy
YARRA BOULEVARD	Yarra Boulevard, Kew - Teardrop Criterium Track	
RICHMOND	Richmond Recreation Centre	Gleadell St, Richmond